



Shepherd's Hill at the Crossroads
HCR 2 Box 36a
St John, ND 58369
701.263.4831
800.289.2992
www.shretreat.org

Camp Packing List

Kindercamp & Discovery Camp

(as suggested by Zion Lutheran Church)

Apparel:

Please make sure all clothes are appropriate and Christ-pleasing.

- Sort sleeved shirts & Sweatshirts
- Shorts and Pants
- Flip Flops
- Athletic Shoes & Socks
- Baseball Hat or Sunglasses
- Modest Pajamas
- Swim Suit or Trunks
- Light Jacket

Personal Necessities:

- Sleeping bag or bedding for a single bed
- A Pillow (It's a good idea to bring an extra pillowcase)
- Bible & Pen/Pencil
- Sunscreen
- Bug spray (the bug wipes work well)
- Soap & Small Shampoo
- Bath towel & Washcloth
- Beach Towel
- Personal Items: hair brush, toothbrush & paste, lotion, etc.

Extras you might want to bring:

- Flashlight & Batteries
- Money for the camp store-see pricelist
- Camera
- Hand sanitizer
- Water bottle with your name on it

Medications:

Please place medications in a re-sealable bag and place the child's name on the outside of the bag. All dosing and instructions should be placed inside the bag. Medications need to be turned in to the Camp office upon arrival. This includes prescriptions, over the counter medication, and items like nebulizers.

Notes:

- It is typically a little cooler at camp than in other areas of the state. Pack clothing that you can wear in layers.
- Ipods, MP3 Players, cell phones, portable video games and other related items can be used on the bus ride, but may not be used at camp.
- Camp provides plenty of food and snacks for the kids. Food items are not allowed in the cabins.
- Idea: Place your sleeping bag and pillow inside a white garbage sack and place your name on the outside. This makes it easier for unloading and also keeps your bedding clean.
- Please put your name or initials on everything!
- If you have not mailed the medical forms or liability waiver, please bring that with you to camp.